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*Research Paper*

# Prevalence of obesity among school going children of Pantnagar

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■ **ABSTRACT** : A cross sectional study was conducted to explore the prevalence of overweight/obesity among the school going children of Pantnagar. The prevalence of obesity among the school going children was assessed by anthropometric measurements *viz.*, height and weight, BMI and total body fat per cent. The overall prevalence of overweight was 16 and 4 per cent in HIG and MIG categories, respectively and prevalence obesity was reported in 3.8 per cent of HIG. The prevalence of overweight/obesity was higher in HIG children, which reflects the economical status on nutritional status.

■ **KEY WORDS**: School going children, BMI, Nutritional status, Obesity

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